# JASMINA JOVY®

**CUT HERE** 

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### HOW TO FIND YOUR WRIST AND ANKLE SIZE

## DETERMINE YOUR SIZE FOR BRACELETS AND ANKLETS:

If you do not have a measuring tape at hand you can alternatively use a string. Wrap it around your wrist or ankle. Afterwards measure the length of the string with a ruler.

### **OR**

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- > Print this PDF and make sure that you have chosen the right printer settings. You should deactivate the option to scale the paper format. Compare the test bar to a ruler.
- > Cut out the wrist/ankle size test bar.
- > Cut a slit along the "CUT HERE" line.
- > Put the template around your wrist or ankle and tuck the tip into the slit. Pull the band through the loop until you have found the fitting length.
- > Read off the number and compare it with our size guide.

WRIST GIRTH	BRACELET SIZE
18 cm	S
19 cm	М
20 cm	L
21 cm	XL

ANKLE GIRTH	ANKLET SIZE
23 cm	S
24 cm	M
25 cm	L

APPLY RULER HERE